



# 2013 U.S.K.K. International Karate/Kobudo Championships

June 14, 15, 16 · Peoria, Illinois USA



U.S.K.K. Sanctioned  
Maximum Points



P.K.C.  
Sanctioned



U.S.K.A.  
Sanctioned

Cover Designed by:  
Darrin McGowan

## ***BASIC REQUIREMENTS***

**\*\*A WHITE TRADITIONAL KARATE GI IS THE ONLY ATTIRE ACCEPTABLE FOR ANY OF THE COMPETITION OR SEMINARS.**

**\*\*PROTECTIVE HEAD GEAR, GROIN CUPS, SAFETY PUNCH & KICK & MOUTHPIECE ARE MANDATORY FOR ALL KUMITE COMPETITORS**

### **EAST PEORIA CONFERENCE CENTER NEXT TO THE EMBASSY SUITES HOTEL, FRIDAY, JUNE 14, 2013 100 Conference Dr., East Peoria, IL 61611**

4:00 - 6:00 pm      Tournament and Seminar Registration  
6:00 - 9:00 pm      Feature Seminar - Hanshi C. Bruce Heilman  
9:30 - Till ?        Life Membership Meeting & Reception

### **EAST PEORIA CONFERENCE CENTER NEXT TO THE EMBASSY SUITES HOTEL, SATURDAY, JUNE 15, 2013 100 Conference Dr., East Peoria, IL 61611**

7:00 am            Registration- Seminars & Competition  
8:00 - 10:00 am    Style Head Seminars  
                         I.      Sensei Keeney - Goju  
                         II.     Sensei Awad - Shuri  
                         III.    Sensei Yarnall - Matsubayashi  
                                Sensei Maccarrone - Matsubayashi  
                         IV.    Sensei Koepfel - Matsumura Seito

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10:30 - 11:30 pm    Tournament Sanction Committee Meeting  
1:00 - 2:30 pm      Executive Board Meeting  
2:30 - 4:30 pm      Bushido Society Meeting  
5:30 - 6:30 pm      Cocktail Reception  
6:30 - til ???        2013 USKK Awards Banquet

### **SUNDAY, JUNE 16, 2013**

**RIVER PLEX RECREATION AND WELLNESS CENTER  
600 N.E. Water St.  
(on the riverfront)**

***Tournament  
Begins  
9:00 AM  
SHARP***

**\* KOBUDO \*  
\* KATA \*  
\* KUMITE \***

***Tournament  
Begins  
9:00 AM  
SHARP***

**\* GRAND MASTER, ROBERT A. TRIAS CUP \***

**WELCOME TO THE  
UNITED STATES KARATE-DO KAI<sup>®</sup> KARATE/KOBUDO  
“2013” INTERNATIONAL CHAMPIONSHIPS  
IN PEORIA, ILLINOIS USA**

**UNITED STATES KARATE-DO KAI<sup>®</sup>**

The purpose of the United States Karate-Do Kai (USKK) is to promote and support authentic/traditional styles, and promote world recognition of all member styles in a manner consistent with the spirit of Karate-Do; serve the membership by continually improving the quality of our standards; and to perform in a manner which warrants the highest degree of member confidence in our integrity, humanity and fairness.

**USKK PRESENTS . . . FEATURE SEMINAR**

**UNITED STATES KARATE-DO KAI-PRESENTS FEATURE SEMINAR  
JUNE 14, 2013-KARATE/KOBUDO SEMINAR  
HANSHI C. BRUCE HEILMAN  
(Located next to the Embassy Suites Hotel)  
6:00pm, East Peoria Conference Center  
100 Conference Dr., E. Peoria, IL 61611**

C. Bruce Heilman from Reading, PA started his karate training in 1961. He holds the rank of Judan /Hanshi in Okinawan Kempo/Kobudo. Hanshi Heilman was a personal senior student of Okinawan Kempo/Kobudo great, Odo Seikichi Hanshi before his passing. Assisting Hanshi Heilman as she does in all of his seminars is his wife, Kyoshi Ann- Marie Heilman. Kyoshi Heilman was also a senior student of Odo Hanshi. They both instruct what has become known as the Odo Lineage Kobudo. The Heilman's have taught Kobudo Seminars both Nationally and Internationally. They are proficient in all Okinawan weapons. They work and instruct many different two-person forms with many different weapons including; bo-bo, bo-sai, bo-tunfa, bo-kama, and bo-tinbe/rochin.

The focus of the Seminar at the USKK International Championships will be an overview of the unique signatures of Odo Linage Kobudo and instruction in one of the advanced level bo kata's.

As we have in the past we are fortunate to have these fine karateka here to conduct our annual Seminar. I know all who participate will enjoy the experience of working with Hanshi and Kyoshi Heilman in their presentation of their Okinawan Kobudo.

I personally welcome them both to our USKK annual gathering.  
PWKoeppel, Kaicho USKK

**USKK ~ ALSO ~ FEATURES**

**GRAND MASTER ROBERT A. TRIAS  
CUP COMPETITION  
Sunday, June 16th**

The 1st and 2nd place winners in all Black Belt Kata divisions will have a Kata competition to determine a Kata Grand Champion. The winner of the Grand Champion division will receive **\$500 plus the Robert A. Trias Cup**. The 2nd place winner will receive \$250.00 and \$150.00 will be awarded for the 3rd place. This Kata Grand Championship Division is held in memory of the Father of American Karate, Robert A. Trias Hanshi.

**UNITED STATES KARATE DO KAI INTERNATIONAL  
KARATE/KOBUDO CHAMPIONSHIP REGISTRATION**

COMPETITORS NAME \_\_\_\_\_ WEIGHT \_\_\_\_\_ SEX \_\_\_\_\_ AGE \_\_\_\_\_  
ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ ST \_\_\_\_\_ ZIP \_\_\_\_\_

KARATE SCHOOL \_\_\_\_\_ INSTRUCTOR \_\_\_\_\_ USKK MEMBER# \_\_\_\_\_

**Waiver and Release of Liability**

I, the undersigned, hereby voluntarily submit my application for participation in the USKK Internationals on June 16, 2013 to be held at the River Plex Recreation and Wellness Center, 600 N.E. Water St., Peoria, IL 61603. I do hereby assume full responsibility for any and all damages, losses, injuries, illness or death that I may sustain or incur, if any, while attending or participating in said Karate tournament. I do hereby further agree to indemnify and hold harmless Phil Koeppel Karate School, River Plex Recreation and Wellness Center, United States Karate-Do Kai, and all officers, shareholders, agents, employees and representatives of said organizations, tournament officials, promoters, operators, or Directors of said tournament individually or otherwise for any claims or injuries that I may sustain.

I represent to all of the afore mentioned that I am in good physical health, and that I have no disability, impairment, illness, or ailment preventing me from participating in said karate tournament.

I fully understand that any and all medical aid or treatment administered to me as a result of any injury will be of a first aid nature only.

*I have read and fully understand all the terms and condistions. I voluntarily agree to the entire liability waiver.*

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

IF UNDER 18, PARENT OR GUARDIAN

**CHECK ALL APPROPRIATE BOX(ES) FOR COMPETITION**

**KATA**

**KUMITE (Sparring)**

- 01  Black Belt (6<sup>th</sup> Dan & above)
- 02  Black Belt Men Seniors (1-5<sup>th</sup> Dan 40+)
- 03  Black Belt Men (1-5<sup>th</sup> Dan under 40)
- 04  Black Belt Women (40+)
- 05  Black Belt Women
- 06  Brown Belt Men (1-3 kyu)
- 07  Green/Purple Belt Men (4-5 kyu)
- 08  Yel/Bl/Wht/Gld Belt Men (6-9 kyu)
- 09  Advanced Women (1-5 kyu)
- 10  Novice Woman (6-9 kyu)
- 11  Young Advanced Men (Age 16-17) (1-5 kyu)
- 12  Junior Advanced Men (Age 13-15) (1-5 kyu)
- 13  Young Novice Men (Age 16-17) (6-9 kyu)
- 14  Junior Novice Men (Age 13-15) (6-9 kyu)
- 15  Young Advanced Women (Age 16-17) (1-5 kyu)
- 16  Junior Advanced Women (Age 13-15) (1-5 kyu)
- 17  Young Novice Women (Age 16-17) (6-9 kyu)
- 18  Junior Novice Women (Age 13-15) (6-9 kyu)
- 19  Pee Wee Advanced Boys (Age 10-12) (1-5 kyu)
- 20  Pee Wee Advanced Girls (Age 10-12) (1-5 kyu)
- 21  Pee Wee Novice Boys (Age 10-12) (6-9 kyu)
- 22  Pee Wee Novice Girls (Age 10-12) (6-9 kyu)
- 23  Mini Pee Wee Advanced (Age 7-9) (1-5 kyu)
- 24  Mini Pee Wee Novice (Age 7-9) (6-9 kyu)
- 25  Mighty Mites (Age 6 & under) (6-9 kyu)

- 31  Black Belt (6<sup>th</sup> Dan & above)
- 32  Black Belt Men Seniors (1-5<sup>th</sup> Dan 40+)
- 33  Black Belt Men Heavy Wt(179lb & over)
- 34  Black Belt Men Middle Wt(156-178 lbs)
- 35  Black Belt Men Light Wt(155lb & under)
- 36  Black Belt Women (40+)
- 37  Black Belt Women
- 38  Brown Belt Men Heavy Wt (165 lbs & over)
- 39  Brown Belt Men Light Wt (164 lbs & under)
- 40  Green/Purple Men Heavy Wt (165 lbs & over)
- 41  Green/Purple Belt Men Light Wt (164 lbs & under)
- 42  Yel/Bl/Wht/Gld Belt Men Heavy Wt (165 lbs & over)
- 43  Yel/Bl/Wht/Gld Belt Men Light Wt (164 lbs & under)
- 44  Advanced Women (1-5 kyu)
- 45  Novice Woman (6-9 kyu)
- 46  Young Men Advanced (Age 16-17) (1-5 kyu)
- 47  Young Men Novice (Age 16-17) (6-9 kyu)
- 48  Junior Advanced Men (Age 13-15) (1-5 kyu)
- 49  Junior Novice Men (Age 13-15) (6-9 kyu)
- 50  Young Women Advanced (Ages 16-17) (1-5 kyu)
- 51  Young Women Novice (Age 16-17) (6-9 kyu)
- 52  Junior Advanced Women (Age 13-15) (1-5 kyu)
- 53  Junior Novice Women (Age 13-15) (6-9 kyu)
- 54  Pee Wee Advanced Boys (Age 10-12) (1-5 kyu)
- 55  Pee Wee Advanced Girls (Age 10-12) (1-5 kyu)
- 56  Pee Wee Novice Boys (Age 10-12) (6-9 kyu)
- 57  Pee Wee Novice Girls (Age 10-12) (6-9 kyu)
- 58  Mini Pee Wee Advanced (Age 7-9) (1-5 kyu)
- 59  Mini Pee Wee Novice (Age 7-9) (6-9 kyu)
- 60  Mighty Mites (Age 6 & under)

**KOBUDO (Weapons)**

- 26  Dan Men Division
- 27  Dan Women Division
- 28  Kyu Division
- 29  Jr. Division (Age 13-17)
- 30  Jr. Division (Age 12 & under)

4 Traditional Weapons Only

Bo, Sai, Tonfa, Nunchukun - (Jo, for Jr. Division)

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FOR ANY AND ALL COMPETITION**

**HEAD PROTECTION, GROIN CUP, SAFETY PUNCH & KICK, & MOUTHPIENCE  
ARE MANDATORY FOR ALL KUMITE COMPETITION**



# HOTEL ACCOMMODATIONS

**NOTE: MAY 30, 2013 – CUT OFF DATE FOR ROOM BLOCK RATES!  
TOURNAMENT HEADQUARTERS**

EMBASSY SUITES HOTEL  
100 CONFERENCE CENTER DR., EAST PEORIA, IL 61611  
TOLL FREE (800) EMBASSY\* • (309) 694-0200

Breakfast included in room fee and manager's reception every evening.

**MENTION YOU ARE WITH "USKK"  
AND RECEIVE THE RATE WE HAVE RESERVED FOR THE TOURNAMENT**

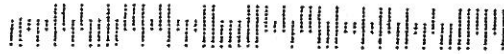
Hampton Inn  
East Peoria, IL  
(309) 694-0711

Holiday Inn Express  
East Peoria, IL  
(309) 694-4959

Fairfield Inn & Suites  
East Peoria, IL  
(309) 699-4100



Peoria, IL 61612-3771



OKINAWAN KOBUDO  
BRUCE HEILMAN  
RT 61 & CLEVELAND AVE  
READING, PA 19605